



## This Is 30: The Journal

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By Candace R McClendon

McClendon Education Group, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This is 30: The Journal is designed to help readers who have purchased This is 30 to reinforce thirty, life-altering principles into their every day routines. This is 30 highlights thirty women who struggle with everything from low self-esteem, self-absorption, spiritual neglect, relationship and friendship issues, to unsuccessful attempts at entrepreneurship. This journal is intended to prompt thought and reflection. Readers will gain a transparent view into their negative habits and thought processes, to a honest look into ineffective relationships that are ultimately stunting authentic growth.



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