



Out of the healthcare Myth [Paperback]

By BEN SHE.YI MING

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback Pages Number: 241 Language: Simplified Chinese Publisher: Guangdong Science and Technology Press; 1 (January 1, 2004). Health and longevity has always been a concern. it is a natural desire. Longevity with our environment. genetics. nutrition. exercise. mood. eating habits. health care. social interaction. economic conditions and ethical relationship between various factors are closely linked. Since ancient times. people in the struggle against the disease has accumulated a wealth of experience. However. with the continuous development of society. the people's economy and the improvement of living standards. coupled to survive changes in the competitive environment. the pursuit of health and longevity more than ever strongly. therefore. before a lot of concepts have good health and longevity of the guidance is not suitable as a modern people. and some concept deeply rooted in people's minds. These ideas regardless of the cultural level in the brains of many people. tend to mislead a person's life. or even the next generation. Book on some of the common concept of a deep analysis in order to change the old ideas of today's society...



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